

# Grade 1 vocab

Plie (plee-ay) To Bend

Tendu (ton-do) To Stretch

Retire (r-tear-ay) To Draw Up

Grand Battement (gron bat mon) Big Beats

Ports de Bras (por duh bra) To carry your arms

Chasse (sha say) To Slide

Pose (po zay) Step on a straight leg

Changement (shonj mon) A jump that changes feet each time

Echappe Saute (e chap pay so tay)

Jump to 3rd and back to 3rd

Pose Ton Leve (po say ton lev ay) Step and Hop

Retire Saute en Arrière (^ ^ on ar ree air)

Skipping Backwards

